

List of Videos as of 2/3/26; Collection will grow as new titles are added

Note: Video series are listed first, followed by single titles.

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3 Approaches to Personality Disorders	CBT for Personality Disorders	Arthur Freeman, EdD	2:46	293
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3 Approaches to Personality Disorders	Psychoanalytic Psychotherapy	Otto Kernberg, MD	4:16	264
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Accelerated Treatment for Anxiety, Panic and Phobias	Cognitive Therapy for Panic Disorder	Reid Wilson, PhD	1:08	226
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ACT in Action	Control and Acceptance	Steven Hayes, PhD	1:44	237
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ACT in Action	Values and Action	Steven Hayes, PhD	1:39	241
ADHD in the Classroom: Assessment and Intervention	Assessing ADHD in the Schools	Gary Stoner, PhD and George J. DuPaul, PhD	0:40	050
ADHD in the Classroom: Assessment and Intervention	Classroom Interventions for ADHD	Gary Stoner, PhD and George J. DuPaul, PhD	0:35	053
Advanced Cognitive Behavioral Interventions for OCD	Cognitive Therapy for Obsessions	Reid Wilson, PhD	2:44	216
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Assessment and Treatment of Psychological Disorders	Effective Psychotherapy with Men	Ronald Levant, EdD	1:16	003
Assessment and Treatment of Psychological Disorders	Mixed Anxiety and Depression: A Cognitive-Behavioral Approach	Donald Meichenbaum, PhD	1:07	001
Assessment and Treatment of Psychological Disorders	Psychotherapy with the Unmotivated Patient	Erving Polster, PhD	1:21	014

Assessment and Treatment of Psychological Disorders	The Abused Woman: A Survivor Therapy Approach	Lenore Walker, EdD	1:29	002
Assessment and Treatment of Psychological Disorders	The Angry Couple: Conflict Focused Treatment	Susan Heitler, PhD	1:13	004
Assessment and Treatment of Psychological Disorders	The Legacy of Unresolved Loss: A Family Systems Approach	Monica McGoldrick, LCSW, PhD	1:26	013
Assessment and Treatment of Psychological Disorders	Time Limited Dynamic Psychotherapy	Hanna Levenson, PhD	1:12	016
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Brief Therapy for Addictions	Couples Therapy for Addictions: A Cognitive-Behavioral Approach	Barbara S. McCrady, PhD	1:56	041
Brief Therapy for Addictions	Harm Reduction Therapy for Addictions	G. Alan Marlatt, PhD	1:55	096
Brief Therapy for Addictions	Integrating Therapy with 12-Step Programs	Joan Ellen Zweben, PhD	1:54	039
Brief Therapy for Addictions	Motivational Interviewing	William R. Miller, PhD	1:43	037
Brief Therapy for Addictions	Reality Therapy for Addictions	Robert Wubbolding, EdD	1:47	042
Brief Therapy for Addictions	Stages of Change for Addictions	John C. Norcross, PhD	1:45	038
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Death, Dying and Grief in Psychotherapy	Death, Dying & Grief in Psychotherapy: Hospital Consultation with Medically Ill Patients	Milton Viederman, MD	1:44	128
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	Brief Psychoeducation for Chronic Pain	Ronald D. Siegel, PsyD	0:06	433
	Building a Successful Career in Counseling and Psychotherapy	Sherry Smith, PhD & Susan Smith, LPC	0:42	313
	Building Alliance with Defensive, Angry Clients: Part 1	Molyn Leszcz, MD	0:15	437
	Building Alliance with Defensive, Angry Clients: Part 2	Molyn Leszcz, MD	0:12	438
	Career Counseling in Action: Tools and Techniques	Spencer G. Niles, EdD and Norman Amundson, PhD	1:57	317
	Carl Rogers and the Person-Centered Approach	Carl Rogers, PhD	1:05	274
	Carl Rogers on Person-Centered Therapy	Natalie Rogers, PhD and Carl Rogers, PhD	1:11	204
	Child Therapy Case Consultation	Violet Oaklander, PhD	1:48	188
	Child Therapy: Tools, Toys and Techniques	Paris Goodyear-Brown, Scott Riviere and Janine Shelby, PhD	1:04	422
	Documentary	Satsuki Ina, PhD	0:57	118
	Clinical Interviewing: Intake, Assessment & Therapeutic Alliance	John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD	2:08	276
	Cognitive Behavioral Perspective on Aggression: An Interview with Dr. Donald Meichenbaum	Donald Meichenbaum, PhD	0:33	223
	Cognitive Therapy for Weight Loss: A Coaching Session	Judith Beck, PhD	1:16	124
	Coming Out: Voices of Gay and Lesbian Teens and their Families	Karin Heller, MSW	0:40	056
	Conducting an Effective Mental Status Exam	John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD	0:22	440
	Confronting Death and Other Existential Issues in Psychotherapy	Irvin Yalom, MD	1:31	171
	Connecting with Our Kids	George Papageorge, MFT	1:47	102
	Consultation: Creating School Based Interventions	Jon Carlson and Don Dinkmeyer, Jr.	1:51	316
	Contemporary Techniques for Bringing Stories into Your Sessions	Travis Heath, PhD	1:27	653
	Counseling Adolescents: Exploring Intersections of Race and Sexuality	Sam Steen, PhD	1:29	463

	Counseling and Psychotherapy Theories in Context and Practice	John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD	4:25	277
	Couples and Infertility: Moving Beyond Loss	The Ackerman Institute	0:41	030
	Couples Therapy: An Introduction	Ellyn Bader, PhD and Dan Wile, PhD	0:43	007
	Creative Healing in Mental Health	Judith Rubin, PhD & Eleanor Irwin, PhD	0:50	181
	Crisis Counseling: 7 Steps to Effective Intervention	Derrick Paladino, PhD	2:00	465
	Culturally Sensitive Counseling with Latinos	Patricia Arredondo, EdD	1:17	409
	Neurobiology	Dan Siegel, MD	1:36	407
	Therapy	Rebecca Jorgensen, PhD	0:21	458
	Developmental Aspects of Group Counseling: Process, Leadership, and Supervision	Rex Stockton, EdD	2:11	275
	Discover Supervision Techniques that Foster Collaboration and Growth	Rodney Goodyear, PhD	1:27	662
	Down Every Year: A Demonstration of Depth Oriented Brief Therapy	Bruce Ecker, MFT	0:47	034
	Effectively Intervening with Violent Behavior: An Interview with Dr. Peter Fonagy	Peter Fonagy, PhD	1:06	224
	Emotionally Focused Therapy in Action	Sue Johnson, EdD	3:36	178
	Emotionally Focused Therapy with Same-Sex Couples	Sue Johnson, EdD	3:40	278
	Empowering Adults with Developmental Disabilities: A Creative Arts Therapies Approach	Stephen Snow, PhD	0:43	273
	Erving Polster on Gestalt Therapy	Erving Polster, PhD	1:00	187
	Existential-Humanistic Psychotherapy in Action	James Bugental, PhD	2:24	015
	Experiential Family Therapy	Carl Whitaker, MD	1:27	248
	Experiential Techniques for Deepening Inner Exploration: Part 1	Victor Yalom, PhD	0:26	454
	Experiential Techniques for Getting Your Sessions Unstuck	Victor Yalom, PhD	1:28	654
	Experiential Techniques for Moving Beyond "How Do You Feel?" - Laura: Stuck in Despair	Victor Yalom, PhD	1:23	469
	Experiential Techniques for Moving Beyond "How Do You Feel?" — Hamed: Prompting Self-Discovery	Victor Yalom, PhD	1:21	470
	Exploring Narradrama	Pamela Dunne, PhD	0:58	033
	Expressive Arts Therapy in Action	Natalie Rogers, PhD	2:34	205
	Family Secrets: Implications for Theory and Therapy	Evan Imber-Black, PhD	0:43	021
	Freeing Ourselves from the Ghosts of Our Past	Monica McGoldrick, LCSW, PhD	0:27	424
	Gender Differences in Depression: A Marital Therapy Approach	Peggy Papp, LCSW and The Ackerman Institute	0:37	022

	Getting Control of Yourself: Anger Management Tools and Techniques	Christian Conte, PhD	1:15	222
	Group Counseling with Adolescents: A Multicultural Approach	Sam Steen, PhD, & Sheri Bauman, PhD	6:25	259
	Group Counseling with Children: A Multicultural Approach	Sam Steen, PhD, & Sheri Bauman, PhD	4:48	190
	Group Therapy for Addictions: An Interpersonal Relapse Prevention Approach	Devin Ashwood & Tim Leighton	1:23	328
	Group Therapy: A Live Demonstration	Irvin Yalom, MD and Melyn Leszcz, MD	3:21	170
	Group Therapy: An Addictions Perspective	Allen Berger, PhD	0:49	419
	Guiding Pre-Teens in Career Exploration: A Creative Arts Approach	Natalya A. Lindo, PhD and Peggy Ceballos, PhD	2:11	460
	Harville Hendrix on the Healing Relationship	Harville Hendrix, PhD	1:18	059
	Help Couples Move from Conflict to Connection: A Collaborative Change Model	Mary Jo Barrett, MSW	1:28	664
	Heinz Kohut on Empathy in Psychotherapy	Heinz Kohut, MD	0:41	445
	How to Bring the Power of Parenting to Play Therapy	Clair Mellenthin, PhD	1:35	657
	How to Decrease Conflict and Increase Connection in Couples Sessions	Scott Woolley, PhD	1:28	655
	How to Use Play Interventions with Neurodivergent Children and Teens	Robert Jason Grant, EdD	1:24	595
	Id Hear Laughter : Finding Solutions for the Family	Insoo Kim Berg, LCSW	1:45	069
	Integrating Mindfulness into Counseling and Psychotherapy	Ronald D. Siegel, PsyD	3:11	306
	Interpersonal Psychotherapy: A Case of Postpartum Depression	Scott Stuart, MD	1:50	315
	Introducing Paradoxical Techniques to OCD Clients	Reid Wilson, PhD	0:25	436
	Inviting Racial Conversations into Therapy	Sam Steen, PhD and Joy Steen, MA	0:15	453
	Irreconcilable Differences: A Solution-Focused Approach to Marital Therapy	Insoo Kim Berg, LCSW	1:31	067
	Irvin Yalom on Grief, Loss, and Growing Old	Irvin Yalom, MD	1:13	462
	Irvin Yalom on Psychotherapy and Writing	Irvin Yalom, MD	1:00	299
	Irvin Yalom: Live Case Consultation	Irvin Yalom, MD	1:31	011
	Jacob Levy Moreno: His Life and his Muses	Jacob Moreno	0:40	104
	Consultation	James Bugental, PhD	1:08	061
	John Bowlby on Attachment and Psychotherapy	John Bowlby, MD	1:22	443
	Kings Park: Stories from an American Mental Institution	Lucy Winer	1:48	431

	Leading Counseling Groups with Adults: A Demonstration of the Art of Engagement	Ed Jacobs, PhD & Christine Schimmel, EdD	2:57	312
	Leading Groups with Adolescents	Janice DeLucia-Waack, PhD & Allen Segrist, PhD	2:22	189
	Living with PTSD: Lessons for Partners, Friends, and Supporters	Frank Ochberg & Angie Panos, PhD	0:18	196
	Making Child Therapy Work	Robin Walker, MFT	1:35	211
	Making Divorce Work: A Clinical Approach to the Binuclear Family	Constance Ahrons, PhD	0:45	036
	Managing Chronic Anxiety with Mindfulness	Ronald D. Siegel, PsyD	0:29	432
	Managing Weight Loss with Motivational Interviewing	Cathy Cole, LCSW	0:27	455
	Mindfulness Exercise for Chronic Pain	Ronald D. Siegel, PsyD	0:20	434
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	Mindfulness for Life: An Interview with Jon Kabat-Zinn	Jon Kabat-Zinn, PhD	0:44	221
	Motivational Interviewing with a Defiant Teen	Sebastian Kaplan, PhD	0:24	456
	Multicultural Competence in Counseling & Psychotherapy	Derald Wing Sue, PhD	1:25	281
	Neurodiversity-Affirming Play Therapy with Children and Teens	Robert Jason Grant, EdD	4:52	578
	Nurturing the 'Art' in the Art of Therapy	Victor Yalom, PhD	1:27	594
	Person-Centered Career Exploration with a Pre-Teen	Sam Steen, PhD	0:12	451
	Peter Levine on Adding Somatic Techniques to Your Practice	Peter Levine, PhD	1:09	471
	Phil Zimbardo on the Stanford Prison Experiment, Evil and Heroism	Philip Zimbardo, PhD	1:36	309
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	Power of 2 Marriage Skills Workshop	Susan Heitler, PhD and Abigail Hirsch, PhD	1:47	258
	Powerful Ideas for Developing Your Best Therapeutic Self	Victor Yalom, PhD	0:10	461
	Psychodrama Unmasked: Essential Tools and Techniques	Tobi Klein, MSW, MFT	1:22	218
	Psychotherapy for Chronic PTSD	Frank Ochberg, MD	2:48	197
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	PTSD in Children: Move in the Rhythm of the Child	Frank Ochberg, MD	1:00	174
	Racism, Family Secrets and the African American Experience	Monica McGoldrick, LCSW, PhD and Elaine Pinderhughes, MSW	0:35	423
	Recovering from an Affair: 6 Sessions of Couples Therapy	Richard Schwartz, PhD	5:32	268
	Reimagining Narrative Therapy: Rewriting Stories and Reclaiming	Travis Heath, PhD	1:24	598
	Resolving Trauma in Psychotherapy: A Somatic Approach	Peter Levine, PhD	3:20	123

	Robert Wallerstein: 65 Years at the Center of Psychoanalysis	Shelley Nathans, PhD	1:22	314
	Rollo May on Existential Psychotherapy	Rollo May, PhD	1:01	060
	Safety Planning with Suicidal Clients	John Sommers-Flanagan, PhD	0:12	439
	Salvador Minuchin on Family Therapy	Salvador Minuchin, MD and Jay Lappin, MSW, LCSW	1:22	185
	Scott Miller on Improving Psychotherapy Outcome	Scott Miller, PhD	1:14	411
	Shes Leaving Me: A Four-Stage Treatment Model for Men Struggling with Relationship Loss	Steve Lerner, PhD	0:30	031
	So You Want to Do Narrative Therapy?	Sanni Paljakka Tom Stone Carlson, PhD	1:31	650
	Society, Relationships, and Pleasure: An Interview with Dr. Carol Gilligan	Carol Gilligan, PhD	0:31	308
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	Solution-Focused Techniques with a Pre-Teen	Sam Steen, PhD	0:12	450
	Suicide & Self-Harm: Helping People at Risk	Linda Gask, MD	1:32	043
	Survival from Domestic Violence: Stories of Hope and Healing	Angelea Panos, PhD	0:15	195
	Telehealth: Legal and Ethical Issues	Stephen Feldman, JD, PhD	0:14	441
	The Gift of Therapy: A Conversation with Irvin Yalom, MD	Irvin Yalom, MD	1:04	020
	The Healing Power of Mindful Parenting	Jon Kabat-Zinn, PhD and Myla Kabat-Zinn, BSN, RN	1:55	220
	The Psychological Residuals of Slavery	Kenneth V. Hardy, PhD	0:18	032
	The Therapeutic Relationship, Individualized Treatment and Other Keys to Successful Psychotherapy	John C. Norcross, PhD	1:21	172
	Therapeutic Communities in Prisons: A Research Perspective	Harry Wexler, PhD	0:43	141
	Thomas Szasz on The Myth of Mental Illness	Thomas Szasz, MD	1:19	421
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	Treating Anxiety Disorders: A Unified Protocol	David Barlow, PhD	2:25	418
	Tres Madres: Structural Therapy with an Anglo/Hispanic Family	Harry Aponte, LCSW	1:00	230
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	Understanding and Preventing Suicide	The Glendon Association	0:31	076
	Using a Mood Scale for Suicide Assessment	John Sommers-Flanagan, PhD	0:07	442
	Using Family Play Genograms in Psychotherapy	Monica McGoldrick, LCSW, PhD	0:22	388
	Victor Yalom Discusses ACT Immersion with Dr. Steven C. Hayes	Steven Hayes, PhD	1:25	649
	Meaning	Viktor Frankl, MD	1:25	444
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	When Helping Hurts: Sustaining Trauma Workers	Charles Figley, PhD	1:09	173
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	Working in the Here and Now: Deepening Therapeutic Encounters Part	Victor Yalom, PhD	1:29	582
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